



## Second WakeUp House Faith Based Sober Living Application

This packet will explain how Second WakeUp House is structured to help facilitate a safe environment for all house members. Please read completely and carefully. Second WakeUp House can be long term or transitional depending on your needs. You are the one to decide if and when you are ready to move out into the community.

Rents are \$495 per month for a shared room and \$595 per month for a private room. There is a \$200 non-refundable maintenance fee required to move in. Beds are on a first come, first serve basis. If you need to reserve a bed, the rent and deposit must be paid ahead of time and we will hold a bed for you. If you decide that you do not want to come to Second WakeUp House and go somewhere else, your monies will not be refunded because we held a bed for you.

Rent includes: Gym Membership, Utilities, Wireless Internet, Paper Towels, and Toilet Paper. Availability of beds changes from time to time so please keep in touch with us.

Second WakeUp House is faith based with a weekly church service required. Second WakeUp House is 12 step oriented with 12 step meetings required. Weekly house meetings are essential and also required.

**For the safety of all house members, immediate expulsion is required of anyone who is found, by the majority of the house, to be using drugs or alcohol. Other behaviors such as fighting, stealing, use or possession of weapons, compulsive gambling, selling of drugs, disruptive behavior, non-participation in required drug/alcohol testing, nonpayment of rent, collusion with other house members or not complying with other sections of this contract will also lead to expulsion from Second WakeUp House.**

### PHASE ONE

Everyone coming into Second WakeUp House will begin with Phase One regardless of sobriety. Phase One members are required to:

- Attend 30 meetings in 30 days.
- Carry a meeting slip and have it signed by appropriate chairperson.
- Sign in and out on the Phase One whiteboard located by the entry door.
- Honor the 10:00 p.m. curfew.
- Sleep at the house every night.
- Reside in a shared room.
- Find and utilize a 12 step sponsor.

After 30 consecutive days without incidence, members then enjoy the benefits of Phase Two.

Name \_\_\_\_\_ Date \_\_\_\_\_

## SECOND WAKEUP HOUSE RULES

### 1. PAYMENT OF RENT AND DEPOSIT

- a. All rents, deposits and fines are payable to Second WakeUp House.
- b. Rent is due on the 1<sup>st</sup> of the month. A late fee of \$40 will be charged after the 5<sup>th</sup>.
- c. If your move in date is on or before the 5<sup>th</sup> of the month the full amount will be due. If your move in date is after the 5<sup>th</sup> the rent will be pro-rated.
- d. If rent has not been paid in full by the 10<sup>th</sup>, you must vacate the premises. Arrangements may be made with the Treasurer for a possible extension.
- e. There will be a \$30 penalty fee for checks returned with non-sufficient funds.
- f. Deposit is a non-refundable maintenance fee.
- g. You will pick your own four digit door code. Do not give out your code!

### 2. DRUG AND UA POLICY

- a. This is a narcotic, benzodiazepine and Suboxone free house.
- b. Talk to your Floor Manager about any new prescription drugs before bringing them into the house.
- c. You will be asked to random UA once a week if you are in Phase One.
- d. You will be asked to UA if two or more house members suspect alcohol or drug use.
- e. Two Phase Two house members will be randomly selected each week to UA.

### 3. WORK POLICY

- a. Having a job is encouraged if it does not interfere with your recovery.
- b. Working graveyard shift is not allowed. It greatly disrupts the flow of the house.

### 4. CURFEW AND OVERNIGHTS

- a. Curfew is 11pm Sunday – Thursday and 1am Friday – Saturday.
- b. House members on Phase Two can stay away from the house 3 nights per week. Special permission is required to stay away longer than 3 nights consecutively.
- c. See Section 22 for information about Phase One curfew.

### 5. QUIET HOURS

- a. Quiet hours are in affect 10pm – 9am Sunday-Thursday and 12am – 9am Friday and Saturday.
- b. Stereos, TV's & loud talking must be kept at a respectable volume out of respect for others.

### 6. RELATIONSHIPS

- a. Relationships of a romantic nature are not allowed between Second WakeUp House members.
- b. If you are in a relationship with someone outside of the house please be mindful of the amount of time your significant other spends at the house. You are sharing space with your housemates!
- c. Absolutely no sexual activity allowed in the house. **You will be expelled!**

### 7. VISITORS

- a. Visitors are subject to all of the house rules.
- b. Visitors are your responsibility. Whatever they do, you did!
- c. You may not leave your visitors in the house while you leave.
- d. Do not allow your visitors to roam the house.
- e. Members of the opposite sex are not allowed in your room.
- f. House members of the opposite sex are not allowed on your floor. Exceptions are special holiday house events, house members that are family, and necessary house interviews.
- g. Be mindful of your housemates pertaining to visitors.
- h. No visitors past curfew hours.

INITIAL\_\_\_\_\_

## 8. BEDROOM USE

- a. You must occupy your own bedroom.
- b. Do not enter another member's bedroom without their permission.
- c. Members of the opposite sex are not allowed in your room.
- d. All rooms become available by seniority.
- e. Your room is to be kept clean and presentable at all times.
- f. Rooms will be inspected without notification.
- g. All fans, stereo systems etc. must be approved before use in member's room.
- h. Cooking devices, refrigerators, or personal heaters are not allowed in bedrooms.
- i. You must have permission to paint, change, repair, or improve your room.
- j. Pornography of any kind is not allowed on Second WakeUp House premises.
- k. No dark items such as Ouija boards, pentagrams etc. allowed on house premises.

## 9. BATHROOM USE

- a. Bathrooms and showers are on a first come, first served basis.
- b. Be mindful of others when using the showers. They need hot water too.
- c. Do not flush feminine products down the toilet.
- d. Keep bathrooms clean.
- e. No use of hair dyes or bleach in bathrooms.

## 10. KITCHEN USE

- a. Kitchen and stove use are on a first come, first served basis.
- b. Be mindful of the glass cook tops. Use correct pans and do not slide pans across the stove.  
**STOVE TOP WILL SCRATCH!**
- c. You are expected to clean up and wash your dishes after you are done.
- d. Clean up all liquids that spill on the floor. Liquids left on floor will damage the flooring.

## 11. LIVING ROOM USE

- a. Do not sleep on couches. No dirty feet or socks on furniture.
- b. No inappropriate public display of affection with your significant other.
- c. Keep TV volume to a reasonable level.

## 12. LAUNDRY AREA USE

- a. Laundry hours are 8am to 10pm daily are on a first come first serve basis.
- b. Please be mindful of others and keep your laundry flowing in a timely manner.
- c. Washers and dryers are for house residence only.
- d. Use only fragrance free laundry detergent and dryer sheets.

## 13. GARAGE USE (IF APPLICABLE)

- a. Garage is for house meetings not for storage.
- b. Bicycles are allowed in garage.
- c. Vehicles of any kind running on gas are not allowed in garage.

## 14. CLEANLINESS

- a. Do not make a mess and expect the person with that particular chore to clean up after you.
- b. Your mother does not live here, so you must clean up any mess you make.
- c. Common areas to be kept free of all personal items.

## 15. HOUSE SUPPLIES

- a. Second WakeUp House supplies paper towels, toilet paper and light bulbs.

INITIAL\_\_\_\_\_

**16. FOOD**

- a. Cabinet and refrigerator space are provided for each house member.
- b. Eating someone else's food without permission is considered stealing.

**17. CHORES**

- a. You will be assigned a weekly community chore.
- b. Failure to do your chore will result in the appropriate consequence.

**18. SMOKING**

- a. Smoking of tobacco products, including e-cigs are not allowed inside the house.
- b. All smoking to be done in designated areas, not by house member's windows, patios or doors.
- c. Be responsible with your cigarette butts.

**19. AUTOMOBILES**

- a. One auto per house member allowed.
- b. Auto must be registered, licensed and insured to member
- c. If auto is not running, it needs to be fixed within 2 weeks or removed from property.

**20. HOUSE DOGS (IF APPLICABLE)**

- a. Dogs have food allergies so do not feed. They will get sick.
- b. No other animals allowed.

**21. MEETINGS**

- a. Attendance of one Christian bible believing church service of your choice per week is required.
- b. You must attend three 12 step meetings of your choice per week, unless you are on Phase One. If you are on Phase One please see Section 22 concerning meeting attendance.
- c. House members must have a sponsor and be actively working the 12 Steps.
- d. You must attend both your weekly floor meeting and weekly house meeting.
- e. Business meetings are optional unless you are a house leader.
- f. We value our house meetings. If you have an emergency please contact your Floor Manager at least one hour before the meeting time and let them know what's going on. The only other reasons to miss a house or floor meeting are work or school responsibilities, vacation or family event. Please bring up your legitimate reason at the house meeting prior to your absence.
- g. If you choose not to partake in church, 12 step meetings or house meetings the house will defer to Consequences and Fines as defined in Section 24.
- h. What happens in the house meetings stays in the house meetings. Absolutely no gossiping!

**22. PHASE ONE**

- a. Attend 30 meetings in 30 days.
- b. Carry a meeting slip and have it signed by appropriate chairperson.
- c. Sign in and out on the Phase One whiteboard located by the entry door.
- d. Honor the 10pm curfew.
- e. Exceptions to the 10pm curfew are work, meeting with sponsor, or at a meeting with fellow house members that are on Phase Two in which the Phase Two curfew will apply.
- f. Sleep at the house every night.
- g. Reside in a shared room.
- h. Find and utilize a 12 step sponsor.
- i. Have all finances up to date before moving up to Phase Two.
- j. Failure to follow Phase One can lead to extension of Phase One or expulsion.

INITIAL \_\_\_\_\_

### **23. CO-SIGNING**

- a. If you are found in collusion with a house member that is breaking the rules you will have the same consequences as the offending house member.

### **24. CONSEQUENCES AND FINES**

- a. The first warning is verbal given by your Floor Manager with 6 hrs to comply.
- b. The second warning is written given by your Floor Manager with 6 hrs to comply.
- c. The third warning is a \$30 fine or 4 hrs of community service work designated by your Floor Manager with 12 hrs to comply and 3 days to pay fine.
- d. If the third warning is not observed you will be expelled from house.
- e. All fines are collected by the Floor Manager and given to the Treasurer.
- f. All fines and community service are to be put toward house needs.

### **25. EXPULSION**

- a. You will be kicked out immediately for a positive UA, violent behavior, destruction of property, possession of a weapon, stealing, compulsive gambling, selling of drugs, having sex in the house, collusion, and disruptive behavior.
- b. If you are kicked out of the house, you have exactly 30 minutes to get some of your things and leave.
- c. You have 72 hours to call and collect the rest of your things.
- d. All rent, including rent paid in advance, and deposit paid are forfeited if expelled from the house.
- e. The Floor Rep and roommate will clean and move all personal items of expelled member from bedroom, kitchen and bathroom.
- f. If money is owed to the house, you agree that any and all of your possessions that are at Second WakeUp House can be held as collateral.
- g. If possessions are not retrieved within 3 days from expulsion they can be disposed of in any manner Second WakeUp House sees fit.
- h. If you are kicked out of the house you can apply again in 30 days. Re-entry must be approved by house member vote.

### **26. MOVING OUT**

- a. Please give two weeks or more notice of the date you plan to move out.
- b. All financial obligations to the house need to be paid in full before leaving the house.
- c. Please clean your bedroom, closet, bathroom and kitchen areas for the next person.
- d. Any personal items left behind will become property of Second WakeUp House.

### **27. ALUMNI**

- a. House members that reside at the house for 6 months or more, leave in good standing and remain sober are considered Second WakeUp House Alumni and each will receive a keychain.
- b. Alumni that move back in need only pay a \$100 non-refundable deposit, not the standard \$200.
- c. Returning alumni get first priority for the single rooms.
- d. Returning Second WakeUp House Alumni do not have to go through Phase One.
- e. Alumni are invited and encouraged to attend house meetings to share their encouragement.

House Rules are subject to change depending on conditions at the house to provide a peaceful, sober environment. You will always be notified of any changes.

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Living in Second WakeUp House is by membership only. Second WakeUp House does not fall under the Landlord/tenant act. This means that a resident can be voted out of the house for violation of the house rules, including but not limited to: not doing required chores, non-payment of rent, leaving windows and doors unlocked etc. The time given to move out will be determined by the current members of the house or the owners. Violations such as using or the selling of drugs or alcohol, disruptive behavior, or possessing a weapon will result in the resident member being given 30 minutes to gather their belongings and vacate the house and premises.

I have read the items in this agreement and understand that if I am accepted into Second WakeUp House, I agree to the terms listed and I waive any landlord/tenant rights that I may be entitled to. I also understand that I fully and freely subject myself to the rules of Second WakeUp House. I also agree to make an effort to live a faith-based lifestyle while residing at Second WakeUp House.

I agree to release and hold harmless Second WakeUp House or any of its agents or employees from liability for any injury or damage to any personal property or person happening on or about the premises being occupied, or for any injury or damage to the premises or to any personal property of mine or of any person contained herein. Also, I understand that Second WakeUp House is not responsible for any personal property not picked up within 3 days of expelled house member vacating their room.

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Print Name** \_\_\_\_\_

**INFORMATION RELEASE AUTHORIZATION**

I, (print name) \_\_\_\_\_ do hereby authorize the release of any and all information deemed both public and confidential to Lance Illman, Owner of Second WakeUp House. This covers all Court Reports, Department of Correction's Reports, (both physical and psychiatric) and any other information deemed necessary for the treatment and/or safety of beneficiaries within Second WakeUp House.

This authorization, unless expressly limited by me in writing, is applicable to records pertaining to diagnosis and/or treatment for alcoholism and/or substance abuse, testing and/or treatment for HIV/AIDS and/or sexually transmitted diseases, and diagnosis and/or treatment for any mental health or psychiatric condition. This authorization includes the release of such information when it is integrally related to the diagnosis and/or treatment or a condition specific to this request.

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Print Name** \_\_\_\_\_

**PLEASE RETURN COMPLETED APPLICATION. THIS APPLICATION MUST BE SIGNED AND DATED WHERE REQUIRED AND INITIAL ALL OTHER PAGES.**

## SECOND WAKEUP HOUSE APPLICATION

Name: \_\_\_\_\_ Nickname: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Sex: Male \_\_\_\_\_ Female \_\_\_\_\_

Present Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Other Phone Number: \_\_\_\_\_ Social Security #: \_\_\_\_\_

Driver's License #: \_\_\_\_\_

Marital Status: Single \_\_\_\_\_ Married \_\_\_\_\_ Separated \_\_\_\_\_ Divorced \_\_\_\_\_

Are you an Alcoholic? \_\_\_\_\_ Are you addicted to drugs? \_\_\_\_\_

Date of last drink? \_\_\_\_\_ Date of last drug? \_\_\_\_\_

List drugs you used addictively. \_\_\_\_\_

When did you attend your first 12 step meeting? \_\_\_\_\_

How many 12 step meetings do you now attend each week? \_\_\_\_\_

Do you want to stop drinking alcohol and/or using drugs? \_\_\_\_\_

Have you ever been to a treatment facility for alcoholism and/or drug addiction? \_\_\_\_\_ If 'yes' list the treatment provider, phone number and primary counselor, if any. \_\_\_\_\_

Do you have a medical doctor? \_\_\_\_\_

If 'yes' list the doctors name and phone number \_\_\_\_\_

Do you take prescription drugs? \_\_\_\_\_ If 'yes' list drugs and reason the drug was prescribed \_\_\_\_\_

Are you employed? \_\_\_\_\_ If 'yes' who is your employer? \_\_\_\_\_

If you do not have a job will you get one? \_\_\_\_\_ If 'yes' what job plans do you have? \_\_\_\_\_

Will you be receiving any state or government assistance? \_\_\_\_\_ If 'yes' source of assistance \_\_\_\_\_

What is your monthly income right now? \_\_\_\_\_ What do you expect your monthly income to be next month? \_\_\_\_\_

Have you ever lived in a clean and sober house before? \_\_\_\_\_ If 'yes' provide the name and location of house. \_\_\_\_\_

Why did you leave that house? \_\_\_\_\_

List three emergency contacts and their information – You can list your doctor, family members and/or friends –  
Write their name, address, relationship, and telephone number.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Describe your criminal history here. Include your present sentencing and supervision requirements.  
Failure to be truthful can lead to expulsion from Second WakeUp House. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Describe your faith. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Describe why you think you would be a good fit for Second WakeUp House. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Things that might cause you to slip. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**For Use by Second WakeUp House**

Accepted	Not Accepted	Accepted Date _____	Pro-Rate Amount _____
Key Code _____	Move In Date _____	Deposit Amount _____	
Voting House Members _____			